



Highland Chateau

HEALTH + REHABILITATION CENTER

EXAMPLE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Breakfast Choice of Juice/Cereal Cheese Omelet French Toast w/Syrup Breakfast Ham Slice</p> <p>Lunch Philly Cheesesteak Crinkle Cut French Fries Chef's Choice Vegetable Dessert</p> <p>Dinner Mini Corn Dogs Baked Chips Mixed Vegetables Cookie</p>	<p>Breakfast Choice of Juice/Cereal Scrambled Eggs Bacon Hash Brown Patty</p> <p>Lunch Baked Chicken Drumstick Twice Baked Potato Vegetable Garlic Bread Dessert</p> <p>Dinner Stuffed Cabbage Roll Vegetable Blend Dinner Roll Fruit Cup</p>	<p>Breakfast Choice of Cereal/Juice Cheesy Egg Bake Sausage Links Toast w/Butter & Jelly</p> <p>Lunch Personal Pizza 7" Pasta Salad Breadstick Dessert</p> <p>Dinner Tater Tot Hot Dish Chef's Choice Vegetable Dinner Roll Fruit Cup</p>	<p>Breakfast Choice of Cereal/Juice Scrambled Eggs Bacon Hash Brown Patty</p> <p>Lunch BBQ Meatballs Mac & Cheese Vegetable Blend Dessert</p> <p>Dinner Chicken Caesar Salad w/Caesar & Ranch Dressing Dinner Roll Chef's Choice Fruit</p>	<p>Breakfast Choice of Juice/Cereal Country Gravy w/Biscuit Scrambled Eggs Turkey Sausage</p> <p>Lunch French Onion Soup Cheese Lasagna Roll up w/Alfredo Sauce Side Salad Dessert</p> <p>Dinner Salisbury Steak in Gravy Roasted Potatoes Buttered Green Beans Dinner Roll Dessert</p>	<p>Breakfast Choice of Juice/Cereal Corned Beef Hash Scrambled Eggs Breakfast Pastry</p> <p>Lunch Open-Faced Turkey Sandwich w/Mashed & Gravy Chef's Choice Vegetable Dessert</p> <p>Dinner Kielbasa & Kraut Chef's Choice Potato Vegetable Medley Cookie Fruit Cup</p>	<p>Breakfast Choice of Juice/Cereal Sausage Skillet Breakfast Breakfast Pastry</p> <p>Lunch Chicken Kiev Rice Pilaf Mixed Vegetables Dinner Roll Dessert</p> <p>Dinner Chef's Choice Soup Saltine Crackers Ham & Cheese Slider Broccoli Salad Fruit Cup Dessert</p>